## RACE ON THE TRACE 5 MI Saturday, January 24, 2009

## Part of the 30th Annual Tennessee State Park Running Tour

NATCHEZ TRACE STATE PARK, 24845 Natchez Trace Rd, Wildersville, TN. Located by I-40 between Jackson and Tennessee River. Park info 731-968-3742.

**Directions:** Take I-40 to exit 116. Turn onto Hwy 114 South to Park entrance (1 Mi). Follow Hwy 114 and signs for Pin Oak Lake and Restaurant (approx. 10 Mi).

**Start** at top of the hill (half a mile). **Finish** at the Restaurant. Race starts at 11:00 A.M. Central Standard Time.

**Course:** One mile out and back, then 1 mile out, 1 mile loop and back to start and downhill last ½ mile. Minor hills at mile 4.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Awards:** Special awards to top male and female overall, masters (40+) and grandmasters (50+). Five-year age groups with top 3 awards in each category from under 20 to 65+.

**Pre-registration deadline:** January 17, 2009. Race day registration from 10:00 to 11:00 AM.

Race Director: David Montoya, Jackson Roadrunners, (731) 668-2483, Email: <a href="mailto:davemontoya@hotmail.com">davemontoya@hotmail.com</a>

**Entry Fee:** \$18.00 with or \$5.00 without shirt, payable to Jackson Roadrunners. Race day without shirt \$12.00.

Mail registration to: Race on the Trace
P. O. Box 3832
Jackson. TN 38303

**Link to Registration Forms**